

# Swiss Nightlife Prevention È

## A pragmatic answer to the reality of recreational drug use

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# Background



# I The nightlife started 2 millions years ago

Today, going out is one of the most important collective leisure activities of young people.



# Swiss Drug Policy

## Swiss Drug Policy

**Repression/market control**

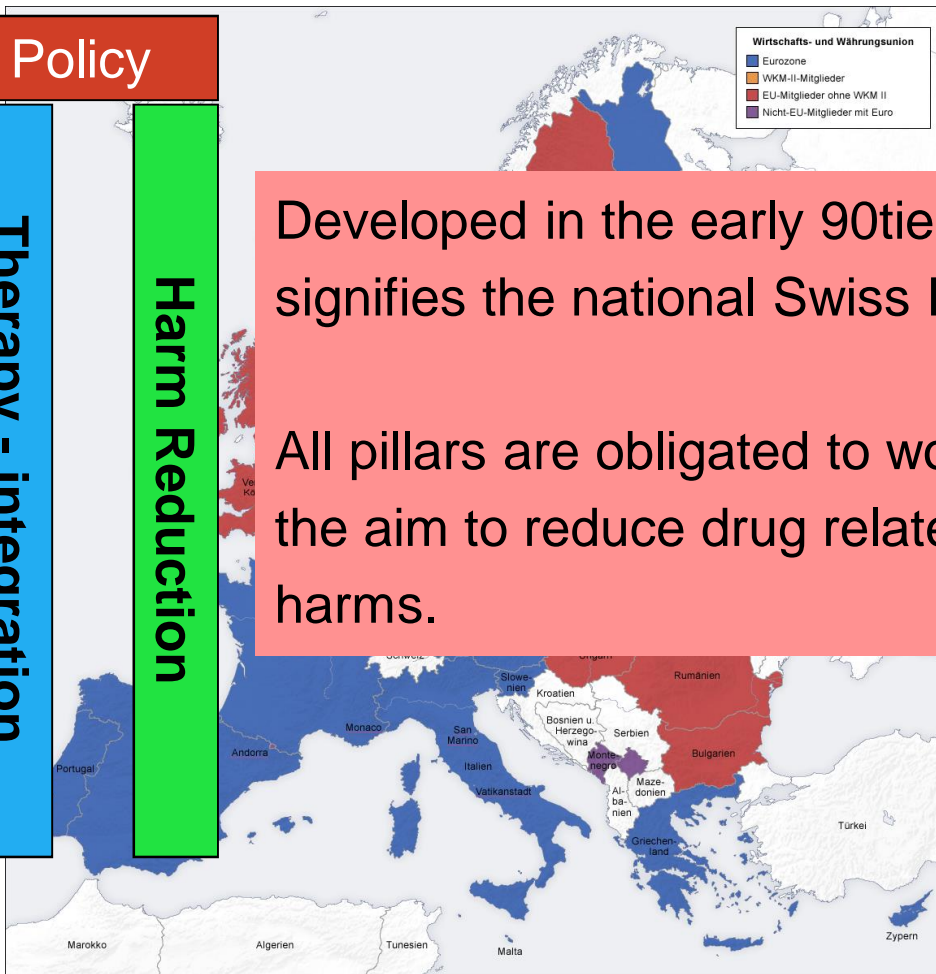
**Prevention**

**Therapy - integration**

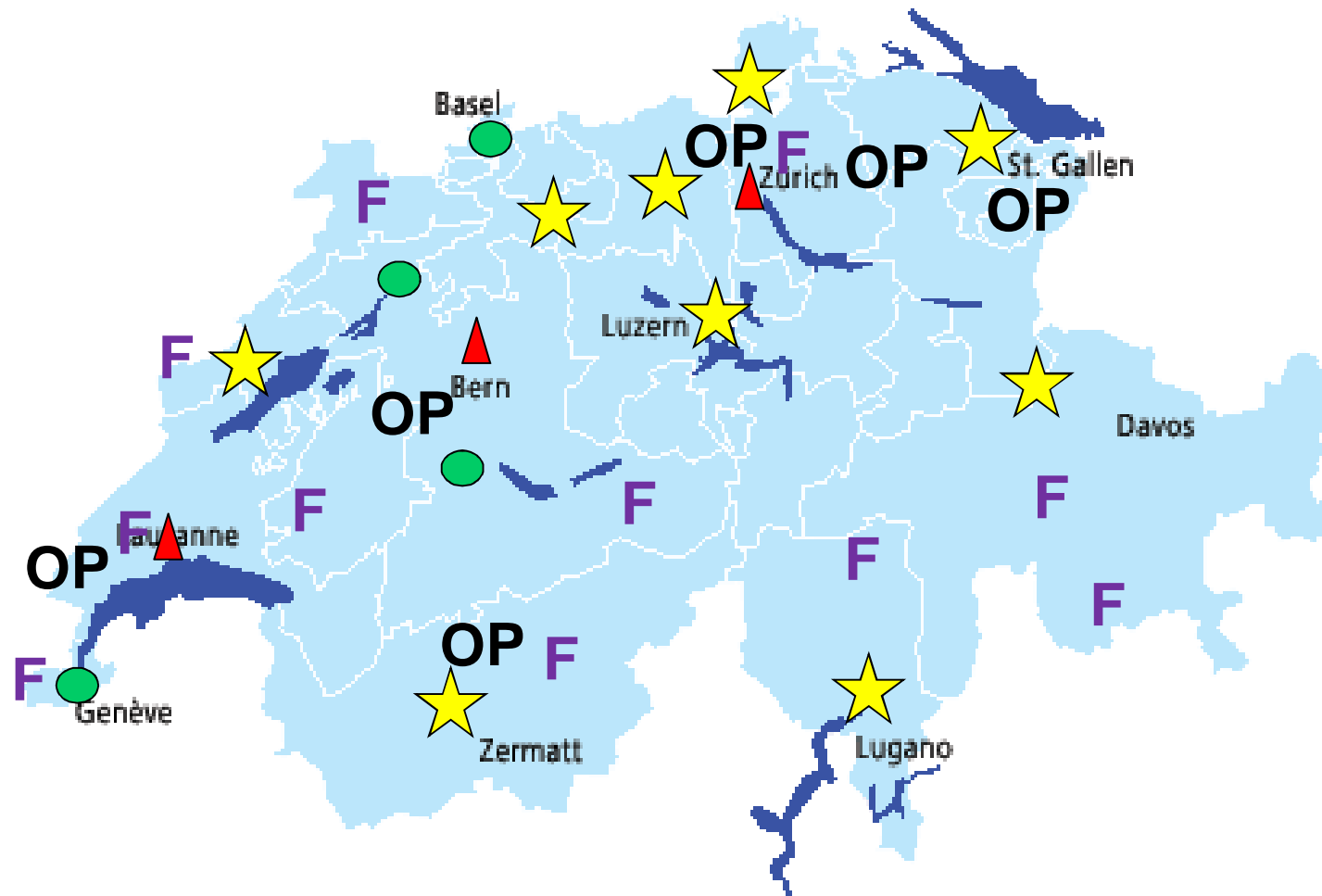
**Harm Reduction**

Developed in the early 90ties in Zurich, today signifies the national Swiss Drug Policy.

All pillars are obligated to work together with the aim to reduce drug related problems and harms.



# Nightlife in Switzerland



# Street Parade (Zurich)





# Swiss Mountain Goa



# Target group

## Recreational drug use

- " Switch off from everyday life
- " Relaxation
- " Expansion of consciousness

## Full time drug use

- " Drug addiction
- " Physical symptoms & withdrawal
- " Comorbidity (addiction and mental disorder)

## Party drug use

- " Social disinhibition
- " Performance-enhancing
- " Symbiosis & trance

## Main target group

## Enhancement drug use (doping)

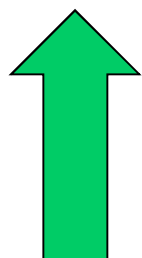
- " Performance-enhancing
- " Cognitive-enhancement
- " Mood-enhancement



# Going out pleasure or risk?

- " Social interactions
- " Dancing (exercise)
- " Disconnect, relax
- " Music, colours and forms
- " Pleasure of drug use

- " Drug related risks
- " Violence
- " Sexual risk behaviour
- " Vandalism
- " Night-noise



# History of Swiss Nightlife Prevention



# I

## Over twenty years of experience

- “ 1995 project XTC-Info in Zurich
- “ 1996 Eve&Rave Switzerland was founded, first Drug Checking offer in Zurich
- “ 1997 two different legal opinions, shows that the analyse of illegal substance, for harm reduction purposes, is legal
- “ 1998 first mobile Drug Checking service in Bern
- “ 2001 city of Zurich starts with saferparty.ch
- “ 2004 Safer Clubbing Switzerland
- “ 2006 the First Drug Information Centre is opened in Zurich
- “ 2011 establishing of Safer Dance Swiss and Safer Nightlife Switzerland



# I XTC-Info



# I 1998 until 2000 Contact Bern, Pilot-E





# Swiss Nightlife Prevention today



# Accepting drug use

Drug use is part of our society, our aims are:

- enhancing the pleasure of going out
- teach user on harm reduction and risk management strategies
- providing further specialised help if needed
- managing crisis situation
- creating awareness about nightlife related risks

But to accept-orientation doesn't mean that we accept every way of live  
(concept of critical accept orientation)

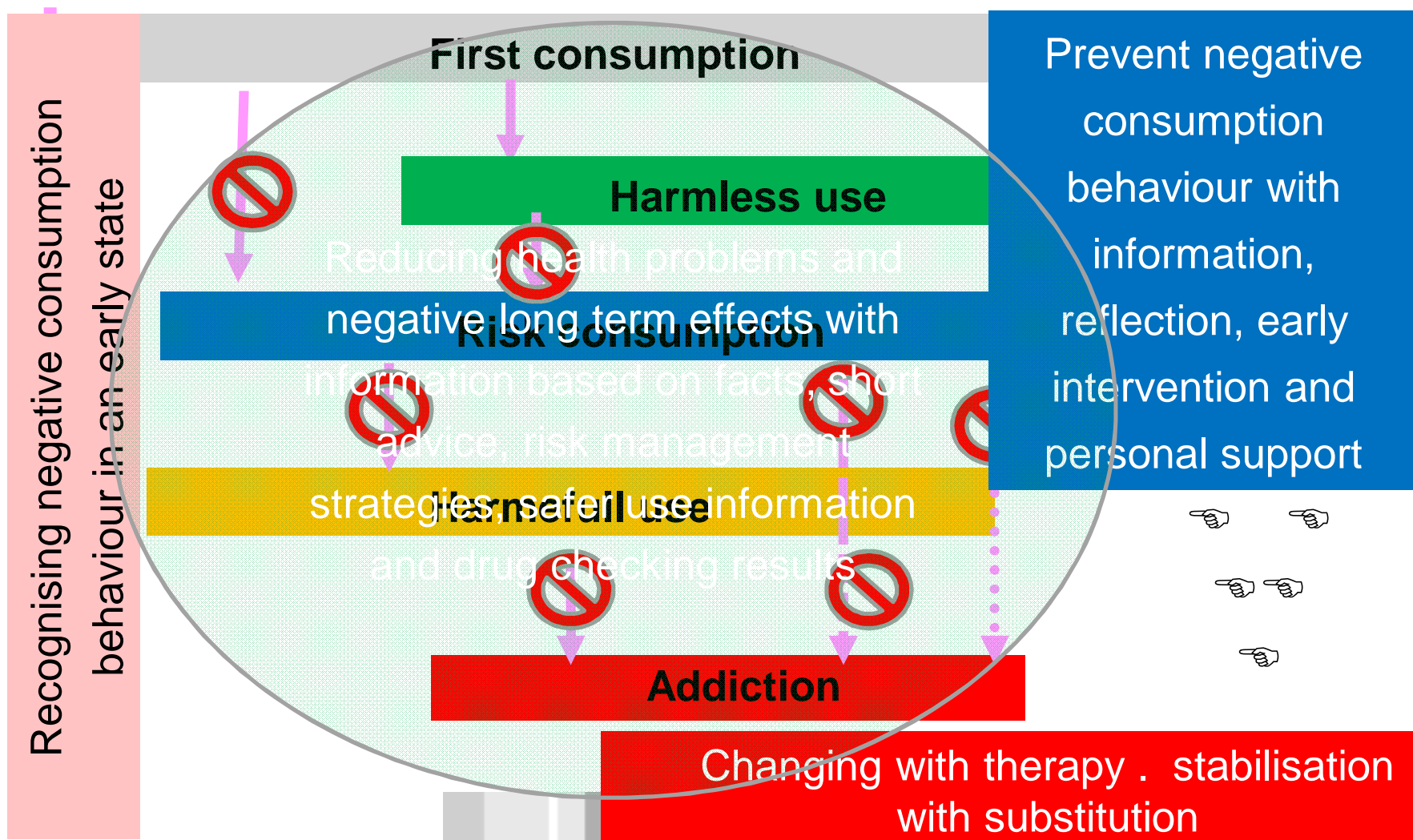


# Taking care about the risk

Drug&Set	Behaviour	Setting
Unknown dose, purity, cutting agent	Risky drug use and sexual activities	Noise (d.b.)
Risks (short and long term)	Breaking the law	Over crowding
Interaction with other substances/medical risks	Drug and driving	Bad ventilation
Individual circumstances	Violence	No access to drinking water
Information desk, Drug Checking	Consultation, short advice, counselling	Regulation, structural measures



# Work selective



# I Different stakeholders & selective goals

**Setting**

**Behaviour**

Musician

ghl





# Acting selective



Stadt Zürich  
Soziale Einrichtungen und Betriebe  
Drogeninformationszentrum - DIZ

Nummer: \_\_\_\_\_ Datum: \_\_\_\_\_

Veranstaltungsart: ☐ Club ☐ Rave ☐ Megarave ☐ Outdoor ☐ Stationär

Interventionsart: ☐ Mobil ☐ Infostand ☐ Infostand mit Drogentest ☐ Während des Testings

Dieser Fragebogen ist anonym und dient statistischen Zwecken.  
Danke für deine Zusammenarbeit!

Q12. Wie alt bist du? ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22 ☐ 23 ☐ 24 ☐ 25 ☐ 26 ☐ 27 ☐ 28 ☐ 29 ☐ 30 ☐ 31 ☐ 32 ☐ 33 ☐ 34 ☐ 35 ☐ 36 ☐ 37 ☐ 38 ☐ 39 ☐ 40 ☐ 41 ☐ 42 ☐ 43 ☐ 44 ☐ 45 ☐ 46 ☐ 47 ☐ 48 ☐ 49 ☐ 50 ☐ 51 ☐ 52 ☐ 53 ☐ 54 ☐ 55 ☐ 56 ☐ 57 ☐ 58 ☐ 59 ☐ 60 ☐ 61 ☐ 62 ☐ 63 ☐ 64 ☐ 65 ☐ 66 ☐ 67 ☐ 68 ☐ 69 ☐ 70 ☐ 71 ☐ 72 ☐ 73 ☐ 74 ☐ 75 ☐ 76 ☐ 77 ☐ 78 ☐ 79 ☐ 80 ☐ 81 ☐ 82 ☐ 83 ☐ 84 ☐ 85 ☐ 86 ☐ 87 ☐ 88 ☐ 89 ☐ 90 ☐ 91 ☐ 92 ☐ 93 ☐ 94 ☐ 95 ☐ 96 ☐ 97 ☐ 98 ☐ 99 ☐ 100

Q13. Geschlecht? M ☐ F ☐

Q14. Deine Nationalität? ☐ Schweiz ☐ andere

Q15. Letzte abgeschlossene Ausbildung? ☐ Keine ☐ Volksschule ☐ Berufsausbildung ☐ (Berufs-)Matur ☐ Hochschule/ FH/ Uni

Q16. Was machst du zurzeit beruflich? ☐ Ohne Beschäftigung ☐ In Ausbildung ☐ Ich arbeite

Q2. Hast du schon Mal die unten aufgeführten Substanzen konsumiert? (Achtung 3 Fragen)

	... Nein / Ja?		... Wenn ja, wie oft in den letzten 30 Tagen?				In welchem Alter das 1. Mal?
	Nein	Ja	Täglich	An mehr als 9 Tagen	An 3 bis 9 Tagen	An 1 oder 2 Tagen	
Tabak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Alkohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Hardprodukte Gras - Hasch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Kokain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Heroin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Ecstasy (MDMA)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Speed (Amphetamin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Methamphetamin (Thuphile, Crystal, Ice, Pervin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
MDGBL (Liquid Ecstasy)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
LSO	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Lachgas (Ballon)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Katamin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Poppers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Magis Mushrooms (Pill)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Nicht verschriebene psychotrope Medikamente (Weiche?)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...
Andere (Welche?)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	...

Harmless

Risk

High risk

Increased risk  
Addiction

Simple Advice

Best health condition

Therapeutic assessment

Further specified help

Consume reduction .  
stabilisation

Interface to  
specific offers

Counselling